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ASTHMA CLINIC

The Asthma Clinic at Nor-Lea Hospital District features a highly-trained staff dedicated to the education and care of asthma patients and their families. You'll learn about the symptoms, disease processes and triggers, as well as medications, behavioral and environmental modifications related to asthma.

| (575) 396-6611 ext. 1294 | NOR-LEA.ORG |



What to Expect:

- Implementation of your Asthma Action Plan
- Prompt, individualized care
- A continuum of care through contact with your referring physician and school nurses
- Certified Respiratory Therapist (CRT)
- Staff members certified by NAECB – National Asthma Education Certification Board (PTCA)

1. Have you been diagnosed with asthma?
2. Do you wake up at night coughing?
3. Does shortness of breath limit your ability to participate in activity?
4. Does anyone in your family have asthma?
5. Do environmental fumes such as cigarette smoke, perfume, paint or chemicals increase shortness of breath?
6. Have you been in the emergency room or had urgent care visits related to asthma or shortness of breath in the past year?

If you answered “**yes**” to any of the above questions, please take this information to your doctor. Asthma Education aims to decrease emergency room visits, hospital stays, absences from school or work and side effects from medications, as well as increase activity without asthma symptoms through implementation of an Asthma Action Plan and coordinated care with your referring physician.

Clinic Hours:

Monday - Thursday 8:00 a.m. - 4:00 p.m.

Friday 8:00 a.m. - 1:00 p.m.

| **Asthma Clinic** |
| **(575) 396-6611 ext. 1294** |
| **Fax: (575) 396-9070** |